



GIRLS U-19 HSA Select 2007-09

Head Coach Rustin Director

Bio Rustin has been playing soccer for almost 40 years and is a dedicated student of the game. He enjoys playing soccer in all forms: from pickup matches to indoor and futsal. In his youth, his exposure to higher-level soccer came from attending local college matches studying budding US National team stars like Alexi Lalas, Peter Vermes and Tony Meola.

Rustin has been coaching since 2013, first with WSSC and then HSA Select starting in 2018.

Coaching Philosophy I believe strongly in teaching young players “the right way” to play the game. This is to say, emphasizing proper technique when striking and receiving the ball, moving to space, sharing the ball and building positive habits through disciplined repetition. I also encourage social habits that build responsible teammates with respect for others on and off the pitch.