



BOYS U-15 HSA Select 2011

Head Coach Jacob Shelland

Bio I played soccer at a rec and competitive level starting at age 5 and played through high school. After that I continued to play for fun. I've been coaching and assistant coaching with YMCA, WSSC and now HSA Select for the past 8 years.

Coaching Philosophy My coaching philosophy is evolving as I see the game change. Some of my core values would be guiding players to be creative decision makers. I want the players I coach to be able to play with freedom under a base tactical philosophy that best suits that team. Master the ball, master the game so ball control is very important in my teachings. I also believe soccer is about finding, creating and exploiting space when you can do that you can control the game. I try to do that all while helping the players be the best versions of themselves on and off the field.

Current/past teams HSA Select BU15, HSA Select BU14, Assistant Coach HSA Select GU12, Assistant Coach GU11, Assistant Coach BU13

In this past year I live soccer. Between coaching, assistant coaching, watching, playing, listening to PODcasts and doing online courses. Pile that on top of books I read other coaches I talk to and my belief in self reflection growth is inevitable.

Fun fact I first started playing soccer for West Seattle Soccer field when I was 5 at what is now Walt Hundley. Then it was a pitted dirt field and I loved it.